

Date / Duration Type Event Distance Speed Pace

Sport : Core		Distance	Speed	Pace
3 Items	2:35:00	0,00	AVG=0,00	
Sport : Cycling		Distance	Speed	Pace
3 Items	7:23:35	161,00	AVG=21,65	
Sport : Running		Distance	Speed	Pace
14 Items	12:57:16	132,20	AVG=9,88	
Sport : Skiing		Distance	Speed	Pace
3 Items	2:49:41	41,50	AVG=14,80	
Sport : Swimming		Distance	Speed	Pace
7 Items	6:10:00	16,60	AVG=2,70	
Sport : Weights		Distance	Speed	Pace
1 Items	0:40:00	0,00	AVG=0,00	

31 Items

32:35:32

351,30

AVG=8,60